DIY Disinfectant Wipes

Are disinfectant wipes the new toilet paper? Lately it seems people are having difficulty finding these. And your original supplies may be running out. Have no fear – you can make your own. Here’s how:

Ingredients:
- 1 roll of paper towels
- 1/3 – ½ cup of bleach
  - IMPORTANT SAFETY NOTES: Be safe. Use the right bleach – it needs to be strong enough – at least 1000ppm sodium hypochlorite – and not expired. For more details on which bleaches are effective and how much to use of each type go here. Also, be careful handling bleach and – NEVER mix household bleach with ammonia or any other cleanser.
- 1 gallon of water
- Tall airtight container (large enough to hold paper towels). Do not use containers used for food storage.
- Gloves for handling bleach

Instructions
1. Set up your materials on a safe, clean surface away from children and pets.
2. Put on your gloves.
3. Pour water into the container and then add the correct amount of bleach, based on the type you have at home using the chart here.
4. Place your paper towels in the bleach solution, ensuring they’re fully submerged.
5. Allow your wipes to soak in the bleach solution for 5 minutes before using.
6. Pour excess bleach solution into a spray bottle to use on surfaces or make more disinfectant wipes.

For more details about how to make these wipes, other “recipes” for disinfectant wipes, safety tips about using and storing bleach and more go here.

For more ideas about how to disinfect your home go here.