

# Citrus Salad

From the United States Department of Agriculture

<https://whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/citrus-salad>

## Ingredients

- 1 grapefruit (peeled)
- 1 orange (peeled)
- 10 cups fresh greens (lettuce)
- 1 red onion (small, sliced thin)
- 2 tablespoons cider vinegar
- 1 tablespoon lime juice
- 1 tablespoon vegetable oil
- 1 tablespoon water
- ¼ teaspoon black pepper
- ¼ teaspoon cumin

## Instructions

1. Cut fruit into bite size pieces.
2. Toss with lettuce and onion. Mix remaining ingredients for dressing. Drizzle over salad and toss just being serving.

**Makes 8 servings**

**Serving size: 1/8 of recipe**

## Nutrition information per serving

Calories: 60	Dietary Fiber: 3 g
Total Fat: 2 g	Sodium: 25 mg
Saturated Fat: 0 g	Protein: 1 g
Cholesterol: 0 mg	Carbohydrates: 10 g