

Strawberry S'Mores

From the United States Department of Agriculture

<https://whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/strawberry-smores>

Ingredients

- 2 strawberries
- 1 graham cracker (broken in half)
- 1/8 cup yogurt, low-fat vanilla (2 tablespoons)

Instructions

1. Rinse the strawberries in water.
2. Slice the strawberries.
3. Add the yogurt and strawberries to 1/2 of graham cracker.
4. Top with the other 1/2 of graham cracker.
5. Enjoy immediately.

Makes 1 servings

Serving size: 1 S'More

Nutrition information per serving

Calories: 93	Dietary Fiber: 1 g
Total Fat: 2 g	Sodium: 87 mg
Saturated Fat: 0 g	Protein: 3 g
Cholesterol: 2 mg	Carbohydrates: 17 g