

Help with Holiday Spending

The holidays are just around the corner, and with the holidays come many demands for both our time and money. Two resources from University of Illinois Extension may be helpful to you.

Control Your Holiday Credit Card Debt

(http://web.extension.illinois.edu/creditcardsmarts/control_holiday_credit_debt.cfm)

features a detailed list of holiday expenses. According to surveys, approximately only 70% of all holiday costs are for gifts – check out this list to see where all your money goes. *Control Your Holiday Credit Card Debt* can help you estimate your upcoming expenses. Add up your estimates and be sure that you're comfortable with the total before you begin your shopping.

Another website features tips and strategies to save money. Read *Ten Tips for Holiday Spending*

(<http://web.extension.illinois.edu/spendsmart/tips.cfm?tipstype=holiday>) for ideas you can use.

Campus resource: UI Extension

University of Illinois Extension provides quality information to people to help with a variety of topics including financial, family and nutrition wellness. For more information about programs and events in Champaign County visit the Champaign Extension Office website at <http://web.extension.illinois.edu/champaign/index.html>.

The U of I Extension Financial Wellness program helps people learn about financial topics through presentations, events and one-on-one visits. For more information, visit our Financial Wellness website at <http://fw.extension.uiuc.edu>