COLOR YOUR PLATE CHALLENGE



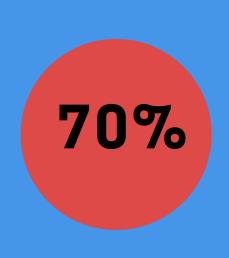
268 PEOPLE PARTICIPATED

TOTAL NUMBER OF CUPS OF FRUIT AND VEGETABLES CONSUMED

19, 100

THAT'S EQUIVALENT TO 38,000 MEDIUM CARROTS

THAT'S OVER 36 FOOTBALL
FIELDS LONG OF CARROTS LAID
OUT



PEOPLE NOW FIND IT EASY TO MEET THE NATIONAL DAILY FRUIT AND VEGETABLE RECOMMENDATION

TOP 3 THINGS PEOPLE ENJOYED:

1. BEING CHALLENGED
2. TEAMWORK
3. FEELING BETTER

PEOPLE MORE AWARE
OF THE BENEFITS OF
FRUITS AND
VEGETABLES

72%

CAMPUS WELLBEING SERVICES

