

# Faculty/Staff Assistance & Well-Being Services (FSAWS)

It is estimated that one of ten employees has experienced a substance abuse problem at some time in their life. The good news is that addictions are treatable. FSAWS provides consultation to supervisors, directors, and department heads to assist them in addressing this difficult issue. A full line of comprehensive substance abuse services are also available to faculty, staff, retirees, and U of I family members.

## SAFETY AND SUBSTANCE ABUSE

Safety is a vital concern for our University community members.

- Accidents are 40% higher for alcohol/drug abusers than the average worker
- Chemically dependent persons perform at 25% less capacity than nondependent employees; they are 50% more likely to be absent and have disciplinary problems

Employees with alcohol or drug problems impact organizational efficiency and effectiveness. They are most easily identified by poor job performance, inconsistent attendance, inferior quality of work, and/or attitudinal, and behavioral problems.



#### WHY YOU SHOULD GET INVOLVED:

If you think you have a problem with substances, it's important you get help early.

If your co-workers are using drugs or alcohol, it is not just their problem.

There are three good reasons why you should be concerned if your co-workers are using drugs or alcohol on the job.

- · Your health and safety is at risk.
- · Loss of productivity by coworkers costs you money.
- A negative work environment is created.

### WHAT YOU SHOULD DO:

Contact Faculty/Staff Assistance & Well-being Services (FSAWS) and your Human Resource Office.

# IF A SUBSTANCE ABUSE ISSUE IS INDICATED, FSAWS WILL PROVIDE:

- · Professional Assessment
- Individual Counseling
- · Partner Counseling
- Family Counseling
- Supervisor Support
   Supervisors are eligible for consultation
   and support when an employee is struggling
   with an alcohol or other drug issue
   providing resources needed to address the
- · Continuum Of Care

workplace problem.

Employees may engage in a program that follows them from the assessment process through residential treatment for a supported return to work.

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