



Making Networking Work for Me

Collaborative Mindset | Guided Reflection | Individual

Networking is a powerful tool that can open doors to new opportunities, foster professional growth, and build lasting relationships. Whether you're looking to expand your professional circle, seek mentorship, or explore new career paths, this guide provides practical tips and strategies to make networking an effective and rewarding part of your personal and professional development journey.

Define Your Networking Goals

What do you want to achieve through networking? (e.g., finding a mentor, learning new skills)

Identify Key Contacts

List the people who can help you reach your goals. Prioritize them based on their relevance and influence.

Develop a Contact Strategy

How will you reach out to these contacts? (e.g., email, LinkedIn, events)

Prepare Conversation Starters

What topics or questions can you bring up to initiate meaningful conversations?

Track Your Interactions

Create a system to record your interactions (e.g., date, key points discussed, follow-up actions).

Set Networking Activities

Plan and schedule regular networking activities (e.g., attending webinars, joining professional groups).

Networking Challenges

Identify potential challenges you might face and how you can overcome them.

Follow-Up Plan

How will you maintain the relationships you've built? (e.g., periodic check-ins, sharing resources)

Evaluate and Reflect

Regularly assess your networking efforts and their outcomes. Adjust your strategy as needed.

Personal Branding

How will you present yourself to make a memorable impression?

Remember, effective networking is not just about collecting contacts; it's about building meaningful relationships. Be genuine, be curious, and be consistent in your efforts. Good luck!

Your Turn! Use the worksheet below to help prepare for an upcoming networking event.

Define Your Networking Goals	
What do you want to achieve through networking?	
(e.g., finding a mentor, learning new skills)	
Identify Key Contacts	
List the people who can help you reach your goals. Prioritize them based on their relevance and	
influence.	
Develop a Contact Strategy	
How will you reach out to these contacts?	
(e.g., email, LinkedIn, events)	Y Y Y
Prepare Conversation Starters	2 to 1 2 to 1 2 to 1
What topics or questions can you bring up to	
initiate meaningful conversations?	
Track Your Interactions	
Create a system to record your interactions.	
(e.g., date, key points discussed, follow-up actions)	
(6.8), 4416, 10) points alcouseed, 1011011 up 45116116,	
Set Networking Activities	
Plan and schedule regular networking activities.	
(e.g., attending webinars, joining professional groups)	
Networking Challenges	
Identify potential challenges you might face and	
how you can overcome them.	
Follow-Up Plan	
How will you maintain the relationships you've	
built? (e.g., periodic check-ins, sharing resources)	
, ,	
Evaluate and Reflect	
Regularly assess your networking efforts and their	
outcomes. Adjust your strategy as needed.	
Personal Branding	
How will you present yourself to make a	
memorable impression?	